

Health & Wellness Committee Meeting
October 1, 2009
9:15 AM

Members Present: Barb Callahan, Pam Haffely, Tracy Frank, Barb Bendall, Pastor Sexe, Sue Salvo, Jackie Schmitt, Tammy George, Sandy Fischer

Agenda Items:

1. Fitness Family Fun Night:

Review September good turn out. It was suggested that a staff person lead the program.

October's program will feature Circuit and Karate and will be held on October 16th. Kids Count daycare will be providing food for October.

2. Review Health & Wellness Policy:

Discussed adding the 45 minutes daily physical activity for Middle School students.

3. Other:

Barb Callahan will invite Doreen Treuden to attend a future meeting to share information regarding the school lunch program.

It was suggested that the committee would like students to attend some of the meetings.

Discussed adding AODA & mental health issues into the Health & Wellness Policy.